

**The Veterans Treatment Court (VTC)
Social Support Questionnaire**

Introduction (Read to Participant):

Research shows that people in recovery and going through legal issues do better when they have someone in their life supporting them through the process. At the same time, we know that some “people, places and things” can make recovery harder. I am going to ask you some questions to see if there is someone in your life that might be helpful to include in your veterans treatment court experience.

1. Take a moment and think of all the important people in your life. Of those people, who do you think would be the most helpful person on your recovery journey?

2. What is your relationship with that person? (i.e., spouse, sibling, godparent, family friend)

3. Why is this person important to you?

4. How do you think this person will help you on your recovery journey?

5. Are you able to speak freely to this person about things that bother you? (Yes / No)

- a. *If no, what kinds of things are hard to talk about with this person?*

6. Has this person ever been a trigger for your substance use or mental health? (Yes / No)

- a. *If yes, can you tell me about that?*

7. Does this person have a history of legal troubles? (Yes / No)

- a. *If yes, can you tell me about that?*

8. Do you feel physically safe with this person (i.e., do not fear violence)? (Yes / No)

- a. *If yes, can you tell me about that?*

9. Would you like this person to be included in your VTC activities? (Yes / No)

a. *If yes, how would you like them to be included?*

- i. Attending treatment court dates? (Yes / No)
- ii. Invited to educational events put on by the veterans treatment court? (Yes / No)
- iii. Attend celebratory events (i.e., phase promotion, graduation/commencement)? (Yes / No)
- iv. Other:

b. Are there any problems that would make it hard for this person to support you? (i.e., language barrier, transportation, child care, work, health)
