





AMARE

**From Drug Court Client to Community Leader:
Becoming More Than a Productive Member of Society**

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"The key to successful leadership today is influence, not authority."

- Kenneth Blanchard

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AMARE - A RECOVERY COMMUNITY ORGANIZATION

**Utilizing Peer Workers:
The Amare Team**




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Amare's Mission/Vision

 **Mission:** Amare will educate, empower, and provide compassionate recovery support services for those suffering from drug and alcohol addiction and their families to strive toward the overall wellness and stability of our community.

 **Vision:** Amare will lead in broadening awareness, responsibility, accountability, and the well-being for communities county-wide. Volunteers, employees, and board members will work together with individuals and their environments. We will consult, encourage, and provide extended programs and services as an integral part of an open and quality-based organization.

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What is a Recovery Community Organization?

A **recovery community organization (RCO)** is an independent, non-profit organization led and governed by representatives of local communities of recovery that does any, one, or combination of the following activities. These activities are available to all community members and are not restricted to individuals enrolled in a specific educational, treatment, or residential program. (Faces and Voices of Recovery, 2022)

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Some RCO Activities

- collaborate on the integration of recovery-focused activities within local prevention, harm reduction, early intervention, and treatment initiatives
- provide peer recovery support services (PRSS)
- host local, regional, or national recovery celebration events
- carry out recovery-focused outreach programs to engage people seeking recovery, in recovery, or in need of recovery-focused support services or events to educate and raise public awareness (Faces and Voices of Recovery, 2022)

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A Few Things We Do at Amare:

- Operate on four pillars
- Provide recovery support services (e.g., recovery coaching, linkage to clinical and non-clinical resources, family recovery coaching and support, employment coaching, recovery skills groups)
- Education and awareness (e.g., Rockin' for Recovery, If I Never Wake Up Awareness Play, Community Listening Sessions, Madison County Informed, and more)
- Community recovery efforts (e.g., clean up days, volunteer at other organizations, etc.)

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Recovery Support Services

Peer recovery support services, such as recovery community centers, help individuals remain engaged in treatment and/or the recovery process by linking them together both in groups and in one-on-one relationships with peer leaders who have direct experience with addiction and recovery. Depending on the needs of the adolescent, peer leaders may provide mentorship and coaching and help connect individuals to treatment, 12-step groups, or other resources. Peer leaders may also facilitate or lead community-building activities, helping recovering adolescents build alternative social networks and have drug- and alcohol-free social options (SAMHSA, 2009).

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Peer recovery support services "involve the process of giving and receiving non-clinical assistance to support long-term recovery from substance use disorders. A peer recovery coach brings the lived experience of recovery, combined with training and supervision, to assist others in initiating and maintaining recovery, helping to enhance the quality of personal and family life in long-term recovery." (White, 2009)

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Amare's Four Pillars

Pillar I
Recovery support services

- Recovery Coaching – recovery management planning
- Telephone Recovery Support
- Peer Support
- Family Coaching & Support
- Employment Coaching
- Referral linkage/warm handoff

Pillar II
Education & Awareness

- If I Never Wake Up two-act play
- Rockin' for Recovery; National Recovery Month
- Townhall Meetings
- Recovery Tools for High Schools
- Madison County informed

Pillar III
Communal Recovery

- Adopt-A-Highway
- Staff/Intern volunteer days
- Be of Service Campaign
- 12 Step Challenge

Pillar IV
Advocacy & Outreach

- Recovery Corner: Blog
- Community Listening Sessions
- Recovery Needs Survey
- Meeting w/ state reps of district 111 (Amy Eikel) and 112 (Katie Stuart)

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Illinois Certified Peer Recovery Specialist (CPRS Code of Ethics)

Regardless if an Amare recovery support staff has their CPRS certificate, or not, we follow and abide by these ethical guidelines.

A code of ethics is a set of guidelines which are designed to set out acceptable behaviors for members of a particular group, association, or profession. The CPRS code of ethics serves to:

1. Protect consumers of recovery support services
2. Set a professional standard
3. Increase confidence in the profession
4. Identify core values which underlie the work performed
5. Create accountability among CPRS professionals
6. Establish occupational identity and maturity

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Working Definition of Recovery

A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential. (SAMHSA, n.d.)

10 Principles of Recovery

Hope, Person-Driven, Many Pathways, Holistic, Peer Support, Relational, Culture, Addresses Trauma, Strengths/Responsibility, Respect (SAMHSA, n.d.)

4 Dimensions of Recovery


- Health
- Home
- Community
- Purpose (SAMHSA, n.d.)

8 Dimensions of Wellness

Emotional, Environmental, Financial, Intellectual, Occupational, Physical, Social, and Spiritual (SAMHSA, n.d.)

Social Determinants of Health

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Recovery Capital – First, Let's Talk Money


What Is Capital?

Capital is a broad term that can describe anything that confers value or benefit to its owner, such as a factory and its machinery, intellectual property like patents, or the financial assets of a business or an individual. While money itself may be construed as capital is, capital is more often associated with cash that is being put to work for productive or investment purposes.

What Is an Asset?

An asset is a resource with economic value that an individual, corporation, or country owns or controls with the expectation that it will provide a future benefit. (Investopedia, 2022)

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"At a personal level, we tend to evaluate our effectiveness based on what is subtracted from the lives of our clients (e.g., AOD, criminal activity, threats to public safety, financial problems, high health care consumption, and emotional distress). But the short-term elimination or reduction of these ingredients may or may not have any linkage to the prospects of long-term recovery.

A better predictor of long-term recovery may be what has been added to the lives of the individuals and families with whom we work, e.g., radically altered perceptions of alcohol and other drugs, physical and emotional health, increased coping and communication skills, improved family relationships, new family rules and rituals, safe/stable housing and employment; clean and sober friends, membership in a community of recovering people, and life meaning and purpose." (White and Cloud, 2008)

Types of Recovery Capital

1. Physical/Human
2. Family/Social
3. Community
4. Cultural

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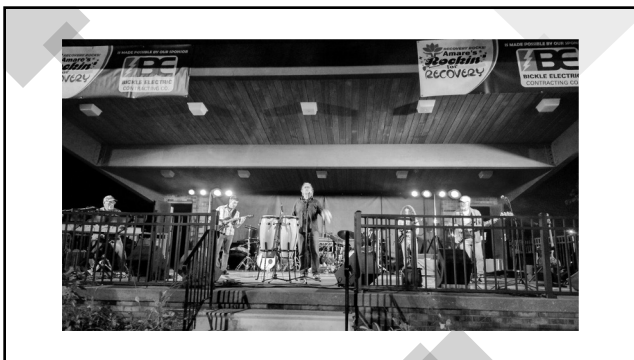


Amare's
Rockin'
for
RECOVERY

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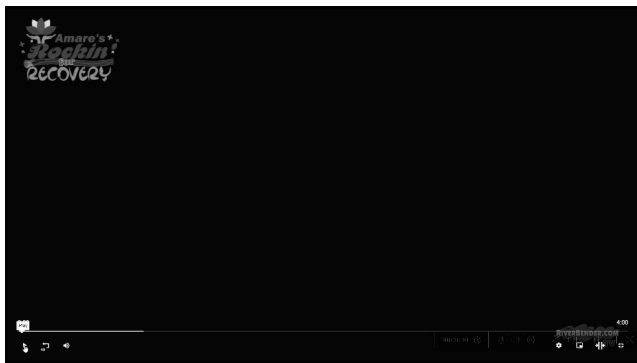
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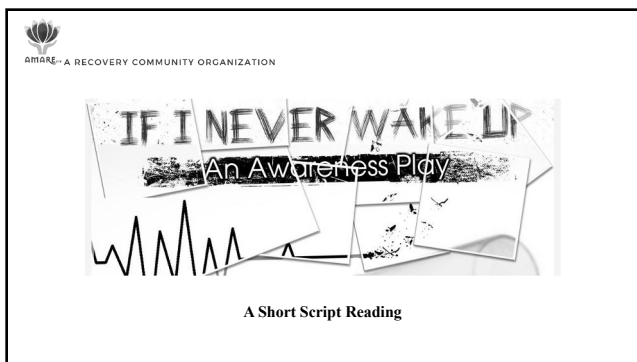
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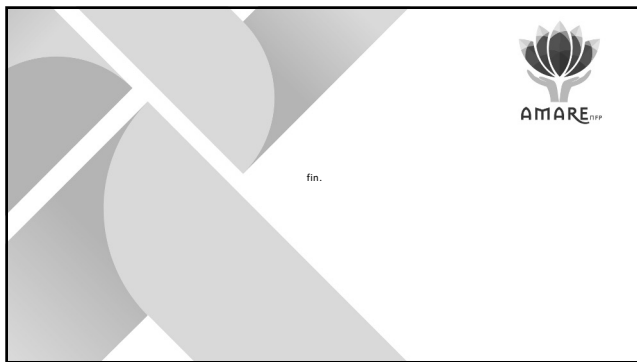
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